

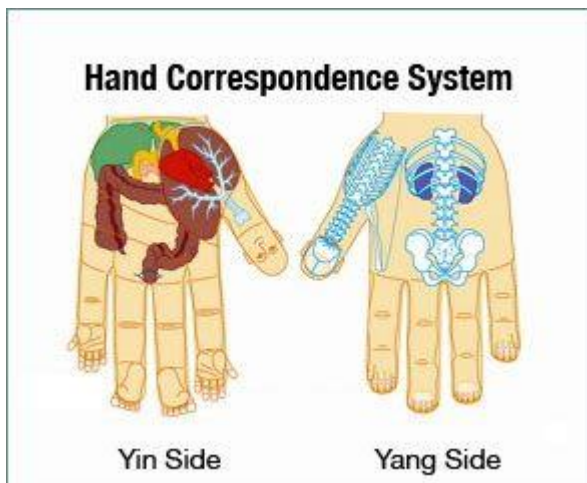
INTRODUCTION TO SU JOK THERAPY

SU JOK THERAPY

Invented by Prof. Park Jae Woo an eminent Korean philosopher and scientist Su Jok Therapy is a new approach to treatment. Su Joks Therapy, a part of ONNURI MEDICINE is a system of treatment comprising of a variety of techniques to prevent and cure illness and restore health without any drugs.

The theoretical basis of this system of Healing is the discovery of self-regulation Homo Energy System of Human Body whereby each Hand and foot and other locations of Human body carries information of each parts (organ) of human body. The Hands and Feet structurally being the most similar body parts to the Human Body, these corresponding micro points/areas can therefore be used most conveniently and effectively as remote controls to treat any diseased organ/part in the human body.

“Su Jok is a Divine Gift. Use, Learn and Spread it to Save Health and Wealth”



In Korean language **SU** means hand, and **JOK** means foot. The theoretical basis of this system of healing is the discovery in each hand and foot, shape and points corresponding to each part (organ) of human body. These corresponding micro points (systems) in hands and feet can therefore be used conveniently and effectively as **remote controls to treat any diseased organ/part in human body.**

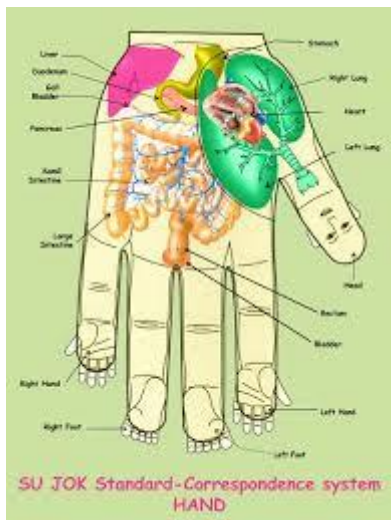
SU JOK ACUPUNCTURE is a **multi-dimensional** healing system. The first dimension is a physical healing system, whereby giving simple stimulation to the specific corresponding points in hands and feet, cure is achieved. It is possible as hand as a miniature correspondence treatment system is the most symmetric part of the human body in structural shapes among entire corresponding systems. On the other hand, the most potent and effective miniature body correspondence system is found in the foot.

This type of therapy is very popular due to its ease to learn, safety, efficacy and pace of healing response is often dramatically fast. It contain no forbidden or dangerous practices. Therefore, it can be practiced by paramedics and laymen for self and others treatment.

The second dimension treatment is adapted from classical acupuncture. The classical 12 main meridians, the 8 extra meridians, and their attendant points are represented on the hands and feet, in **Byol meridians and Byol points**. This form of treatment applies the theories and experiences of classical acupuncture like five element theory, Yin Yang Principle, Six ki principle etc. in combination

INTRODUCTION TO SU JOK THERAPY

with the new theories of **SU JOK ACUPUNCTURE** such as Ten Celestial Stem Constitutions, Six Ki Constitutions, Ten Emotional Constitutions, Ten Reason Constitutions etc.



These two dimensions, when independently practiced are though effective in treating variety of illnesses, however, the combination of two, in accordance with the situation will produce most rapid results.

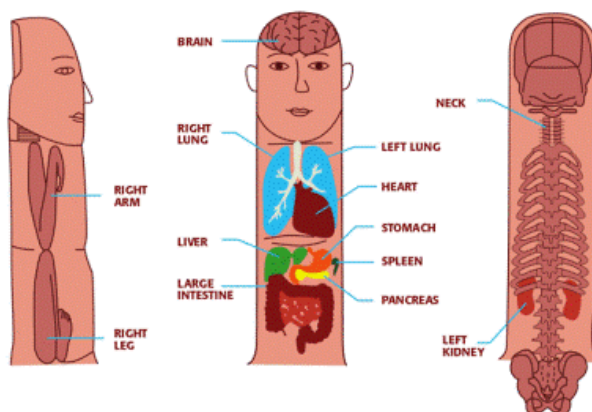
Apart from the above two, various other dimensions of SU JOK have been developed by Prof. Park Jae Woo. These include Homo-Hetero principle, Eight origin theory, Diamond structure, Chakra system, Onnuri auricular therapy, Space energy diagnostics, Multilevel constitution and more!

How Does Su Jok Work?

How exactly does Su Jok function on the physical level? Su Jok is a general term describing a new system of treatment, comprising a variety of methods of stimulating only the hands and feet using the fingers, a rounded object, seeds or where advanced

The principle behind Su Jok is that there is a continuous flow of energy in all of us. This energy flows in a very systematic and uniformed manner. "Su Jok's aim is to balance the of imbalanced energy in the body....the tissues, the cells and the organs." Advanced Su Jok uses needles to balance the energy and it is called Six Ki treatment which harmonises energy on the physical, emotional and even the Chakra plane.

Su Jok therapy is two dimensional. "It works on the physical dimension and the other on the metaphysical dimension. The best part of Su Jok is that, unlike other acupressure and acupuncture therapies, where one requires learning the corresponding nerve points and then practicing under professional guidance.



In Su Jok therapy all the nerve points of the body are located specifically on the hands and feet. The most important point to be kept in mind is that all these points are located on both hands and feet so that the entire treatment can be done by locating the points on just one hand or foot.